



## **NEWSLETTER**

Athletic Event for the Cyprus Independence Day  
Wednesday 26st September 2018  
Strovolos Athletic Center (Strovolos)

### **Event Schedule**

4.00pm Registration  
4.45pm Road Race(800m for kids)  
5.00pm Road Race 5 km  
6.00pm Prize awards

Co-organizers:

Club "Pericles Demetriou"

### **Annual road race**

Distance: 800m & 5 Km

Categories for 5 km

- a) MEN: General category
- b) WOMEN: General category
- c) TEENAGERS (BOYS) max 12 years old (800m)  
TEENAGERS (GIRLS) max 12 years old (800m)  
TEENAGERS (BOYS) 12-14 years old  
TEENAGERS (GIRLS) 12-14 years old  
TEENAGERS (BOYS) 15-19 years old  
TEENAGERS (GIRLS) 15-19 years old
- d) MEN: 20-29 years old  
30-39 years old  
40-49 years old  
Veterans (50-59 years old)  
Veterans (60 years and above)
- e) WOMEN: 20-34 years old  
35-49 years old  
over 50 years old

**Road Race Course**

Strovolos Athletic Center -Koritsas Street - Agios Demetrios Park - St Mavrommati Street – Kyriakou Matsi Street- Strovolos Avenue- Athalassis Avenue- 28ης October Street- Koritsas Street- Strovolos Athletic Center. Participants will run this race twice.

**Awards :**

Prizes will be awarded to the first three male runners and the first three female runners overall and the first three finishers of each category. Even the oldest male and female participants will finish the race.

**Diplomas:**

Diplomas will be awarded to everyone that will finish the race.

**RULES AND INFORMATION:**

- The road race will take place under any weather conditions.
- Registrations will take place at the place of the race and via internet.
- The race will take place within the spirit of fair play.
- The runners participate at their own risk.
- Athletes are encouraged to make their own arrangements to have a medical check up.
- The road race will begin at exactly 5.00pm.
- Numbers will be given to all athletes so that the results can be registered. Those numbers must be returned at the end of the race.
- Along the whole way there will be indices which will help the athletes, who are asked to conform and respect what the indices show.
- There will also be a doctor at the place of the race who will give first aid if needed.

**PARTICIPATION /OTHER INFORMATION**

Applications for participation can be submitted at the Athletic Center prior to the race from Monday 10/9/2018. For any information, please contact the Municipality of Strovolos, tel no. 22318358.

For any details regarding the road race please contact Mr Socratis Socratous (Club "Pericles Demetriou" [www.periclis.com.cy](http://www.periclis.com.cy) ) tel 99411411 or Mr Costas Chimoni, tel.no. 99528602, [www.periclis.com.cy](http://www.periclis.com.cy), email: [periclis@periclis.com.cy](mailto:periclis@periclis.com.cy)

The road race, which is part of the 4th European Sports Week (23-30 September 2018), is organized by the Municipality of Strovolos in cooperation with the Municipal Youth Council of Strovolos and 'Pericles Demetriou' Club. The road race is supported by Nicosia District Police Headquarters and the 76th Scouting System.